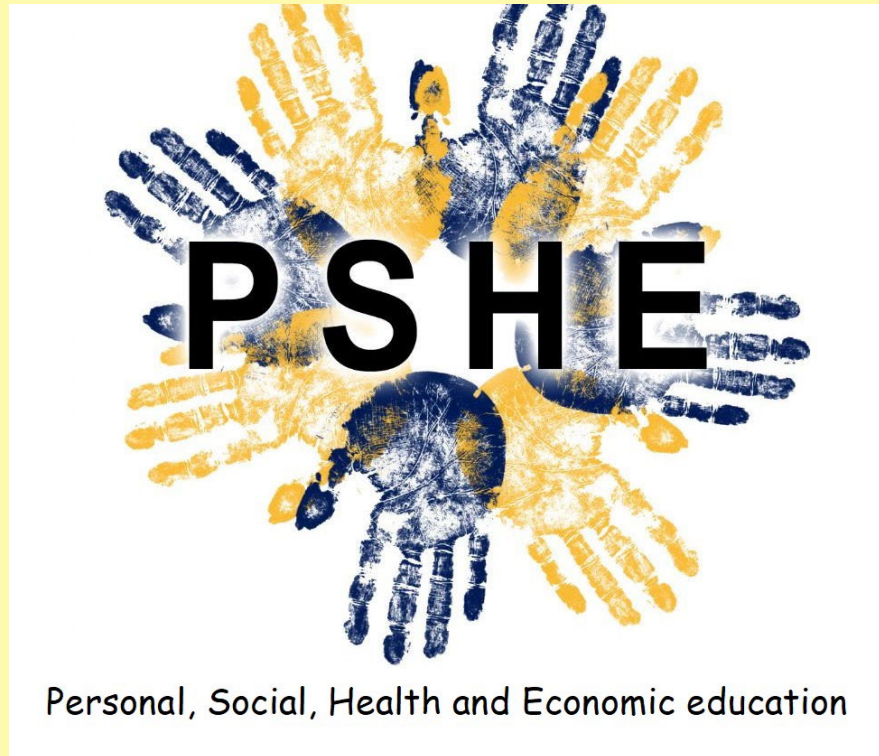


**PSHE**

# What is PSHE?



Personal, Social, Health and Economic education

This term we want to find  
out...

Are we all the  
same?

Today we are finding out...

How do we change as  
we grow?

# The Human Life Cycle

Let's put these pictures in the correct sequence to show the human life cycle.



1 - Baby



3 - Teenager



2 - Child



4 - Adult

# Growing Up

What is the difference between a baby and a child?



What do they look like?

What type of clothes do they wear?

What and how do they eat and drink?

How do they move?

What do they like to do?

When I was a baby...

Now I...

**When I was a baby...**

**Now I...**

# Growing Up

As we grow older, we can do more things for ourselves - we become more **independent**.

This also means we can be more **responsible**.



Use a **red pen** to circle the things **you can do now**.

Use a **blue pen** to circle the things you will be able to do **in the future**.

**Drive a car**

**Read a book on my own**

**Use the laptop on my own**

**Buy my own clothes**

**Own a mobile phone**

**Tidy up my things myself**

**own**

**Play indoors alone**

**Walk to school on my**

**Wash my hair**

**Feed my pet**

**Spend my own money**

**Choose a healthy snack**

**Pack my school bag**

**Use a knife and fork**

**Hang my coat up**

**Make my own food**



**Drive a car**

**Read a book on my own**

**Use the laptop on my own**

**Buy my own clothes**

**Own a mobile phone**

**Tidy up my things myself**

**own**  
**Play indoors alone**

**Walk to school on my**

**Wash my hair**

**Feed my pet**

**Spend my own money**

**Choose a healthy snack**

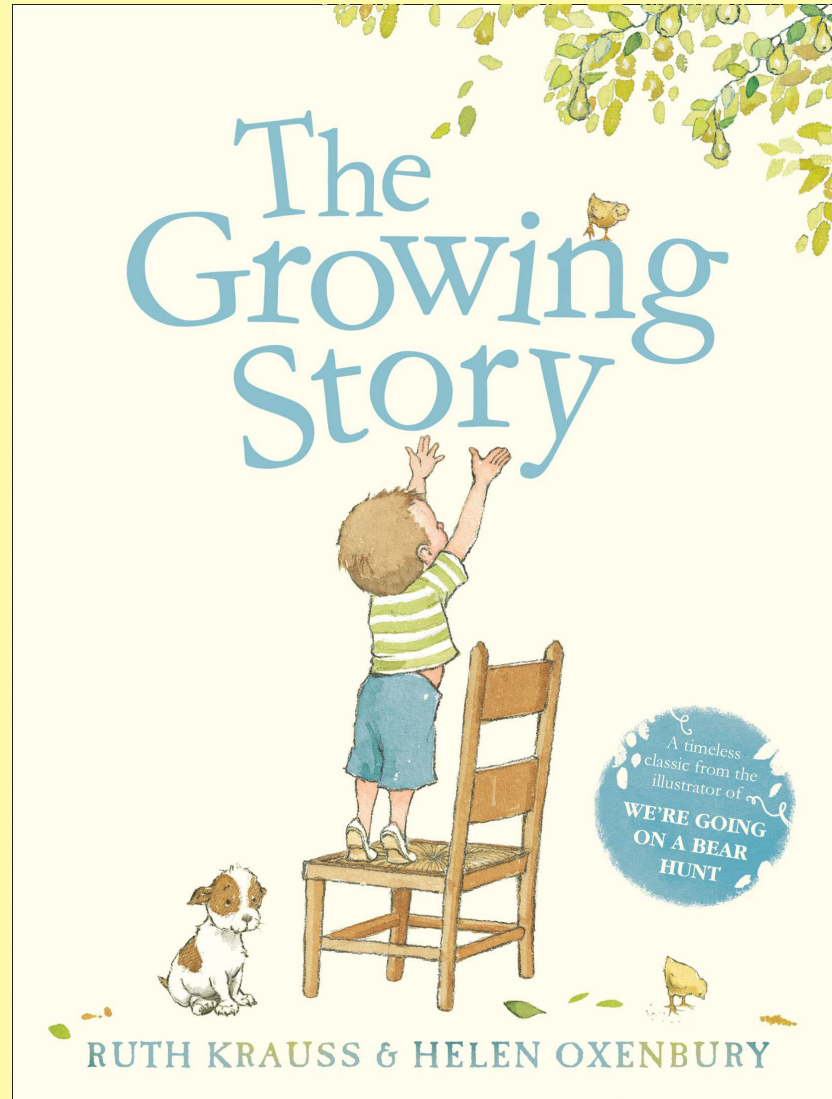
**Pack my school bag**

**Use a knife and fork**

**Hang my coat up**

**Make my own food**

# The Growing Story



<https://www.youtube.com/watch?v=Jm74y-MoD2c>