

PSHE

Safety and the changing
body (RSE)

Conception

Vocabulary

sperm

egg

erection

fertilise

conception

sexual intercourse

relationship

Key questions

How is a baby made?

I will know...

- I understand the menstrual cycle.
- I understand how a baby is conceived.

Setting the rules

During RSE lessons we must:

- Respect other people's ideas.
- Know that there are no silly questions.
- We don't share stories or information that is shared-unless someone is unsafe.
- Understand that we are all different and that is fine.

Recap - What happens in the menstrual cycle?

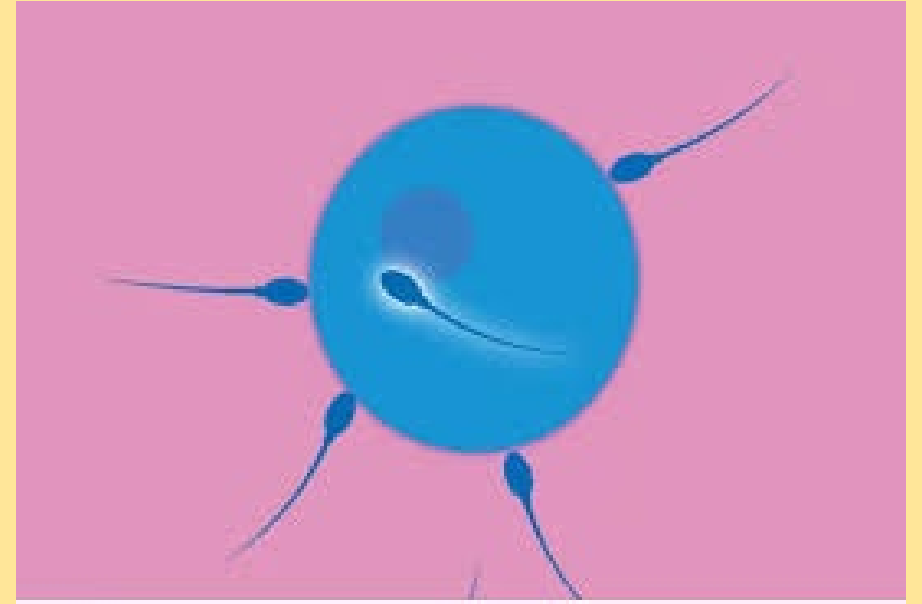
Watch the video about menstruation:

<https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body-year-6/lesson-5-conception/>

Menstruation is the way that a woman's body prepares for having a baby and that the children are now going to learn more about how a baby is made.

Having a baby

- Today we are going to be learning how a baby is conceived.
- Having a baby is a big decision for most couples. They would have thought about it for a long time.
- Show conception video:
<https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body-year-6/lesson-5-conception/>



Any questions?

Intercourse in the UK



- In the UK, you can legally have intercourse at the age of 16. This law is designed to protect us.
- Sometimes 16 is referred to as the age of consent.

TTYP - What does consent mean?

Consent is giving permission, that a person needs to know what they are giving permission for and that someone can withdraw consent i.e. change their mind.

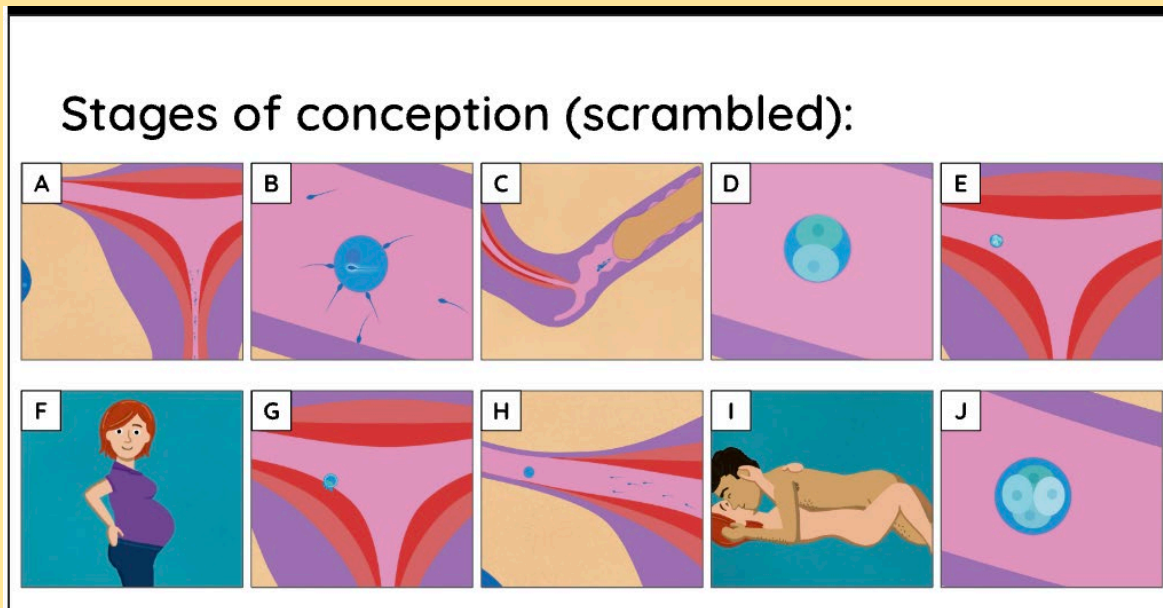
I give consent for my child to go on a trip.

Important - you should never feel pressured or pressurised into having intercourse or doing anything they don't want to! Consent should be given freely.

Rewatch:

<https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body-year-6/lesson-5-conception/>

Task: Sequence the stages of conception

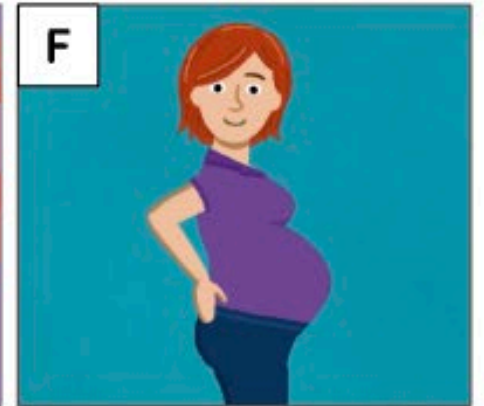
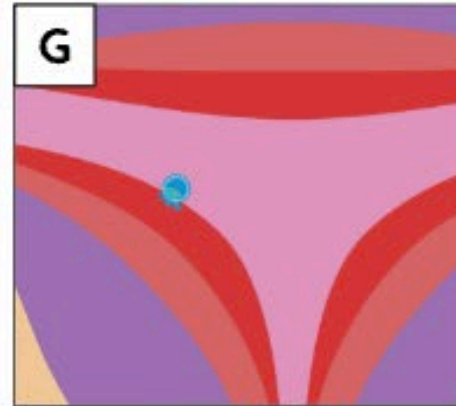
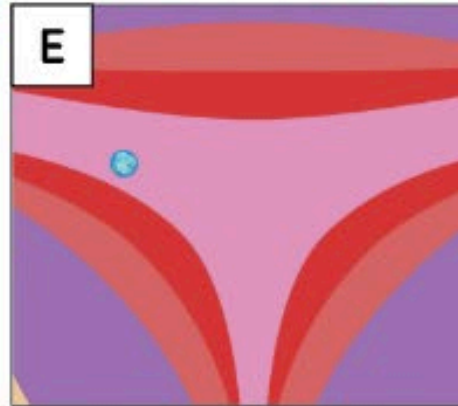
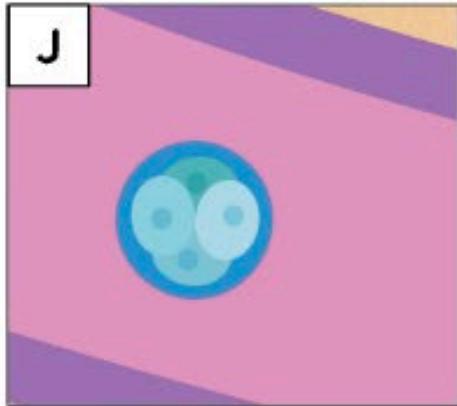
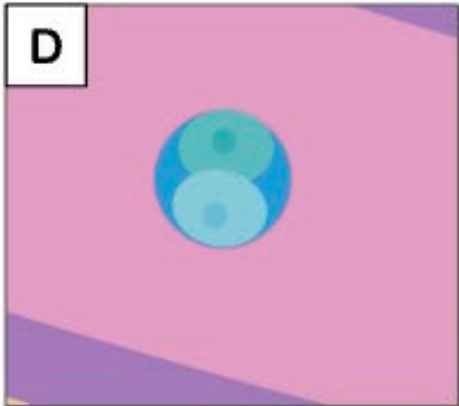
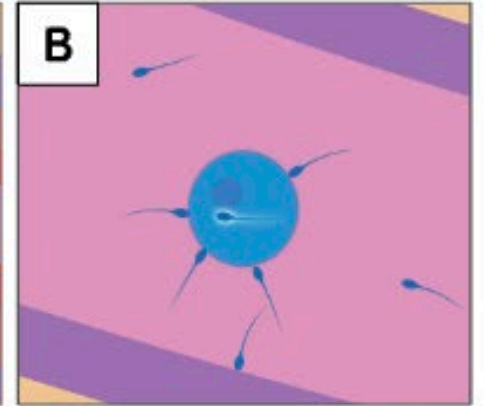
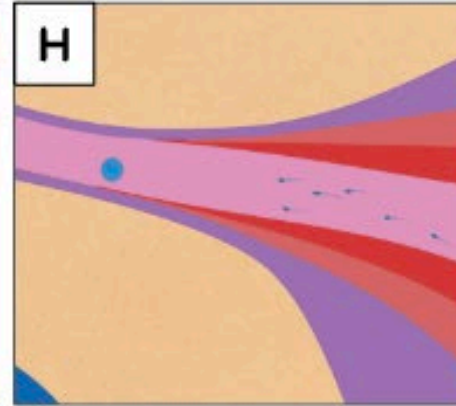
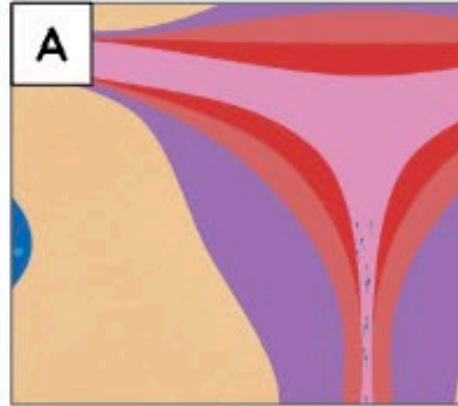
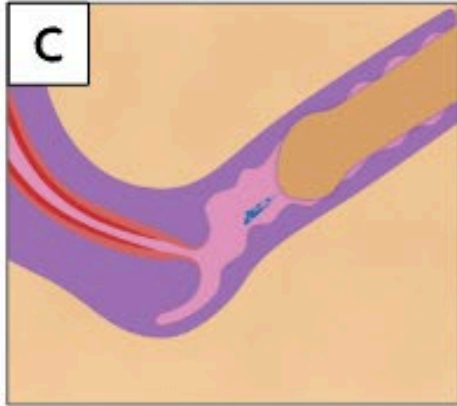


Sequence the events.

Write what is happening in each stage of conception.

Red Pen - Let's explain the stages of conception to our partners

Stages of conception:



Plenary

- Remember, intercourse is somethings adults do and that the legal age for intercourse is 16.
- You should never feel pressured or pressurise anyone else into having intercourse or doing anything else they don't want to.
- Consent is giving permission, that a person needs to know what they are giving permission for and that someone can withdraw consent i.e. change their mind.

Question box

- Over the next couple of lessons we will be revisiting periods and we will learn about how babies are made and are born.
- The question box is a place where you put ask any questions you may have and I will answer them in the next session.
- This is a safe space to anonymously ask any questions you may have, there are no silly questions and you may not be only person wanting the answer to this question.

Remember, there are people you can talk to if you have worries.

Parents

Other family members

Teachers and TA's

childline

ONLINE, ON THE PHONE, ANYTIME

Call 0800 1111 