

Girls: True or false quiz

Girls start their periods at the same age their mum did.	
You can't have a shower during your period	
Women stop having periods when they get older	
A girl shouldn't wear pale coloured trousers during her period	
Girls sometimes feel moody before or during their period	
Periods are always painful	
Once you start your period you will have one every month	
You shouldn't talk about periods	