

Boys: True or false quiz

A boy's voice will change	
Your penis and testicles will grow	
A boy will get erections	
Boys generally go through puberty before girls	
Your hands and feet might grow before you arms and legs catch up	
Boys have wet dreams	
Boys can have enlarged nipples	

Boys: True or false quiz

<p>A boy's voice will change</p>	<p>True - your voice will get deeper. You may hear this being called your voice 'breaking'- but don't worry, it doesn't actually break! This change happens because of the hormones being released during puberty and the growth of the vocal cords. The process can take time and there may be times when you are not sure how your voice will sound when you go to speak or sing, but don't worry it's all perfectly normal.</p>
<p>Your penis and testicles will grow</p>	<p>True - this is part of puberty and is caused by hormones in your body.</p>
<p>A boy will get erections</p>	<p>True - as the penis gets bigger, boys will start to have erections. An erection is when the penis fills with blood and gets larger and stands away from the body.</p>
<p>Boys generally go through puberty before girls</p>	<p>False - girls usually start puberty before boys. This means they might grow taller at an earlier age and seem a bit more grown up. This will even out over time.</p>
<p>Your hands and feet might grow before you arms and legs catch up</p>	<p>True - your body doesn't do everything at the same time. As different parts grow you might feel slightly awkward but eventually everything will even out.</p>
<p>Boys have wet dreams</p>	<p>True - while you are asleep you might get an erection and ejaculate. Ejaculation is the release of a substance called semen through the urethra, at the top of the penis. This happens to many boys and is perfectly normal and nothing to worry about.</p>
<p>Boys can have enlarged nipples</p>	<p>True - because your hormones aren't balanced boys might get swollen nipples and worry they are growing breasts. But don't worry - once the hormones settle down the swelling will go away.</p>