

Menstrual cycle diagram



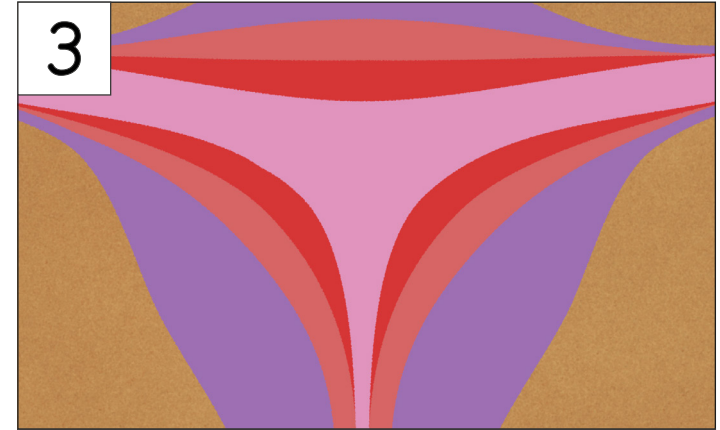
1

An egg is released from the ovaries every month. This is called ovulation.



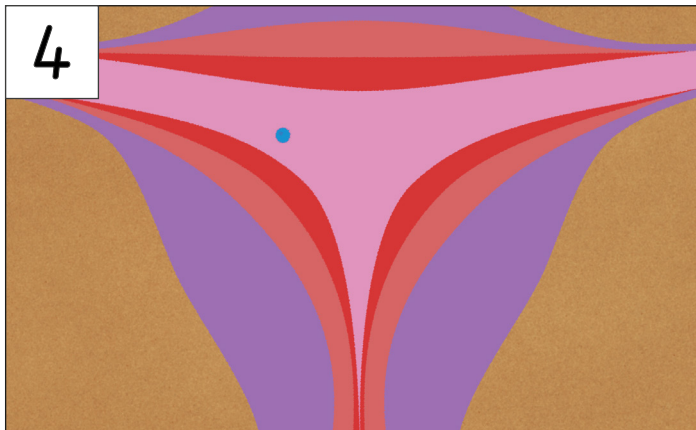
2

The egg leaves the ovary and begins its journey down the fallopian tube.



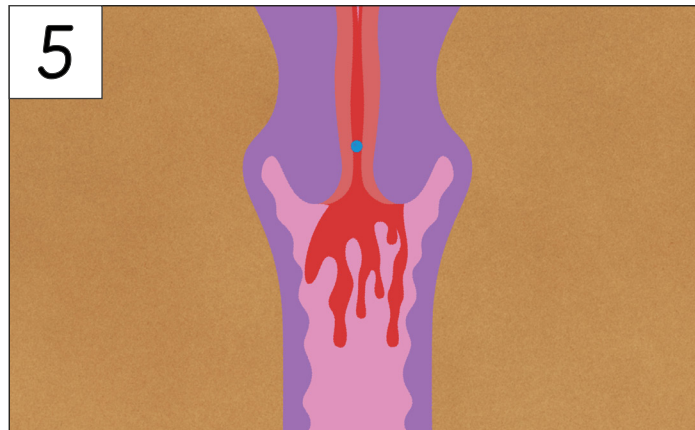
3

The lining of the womb thickens, ready for the egg's arrival.



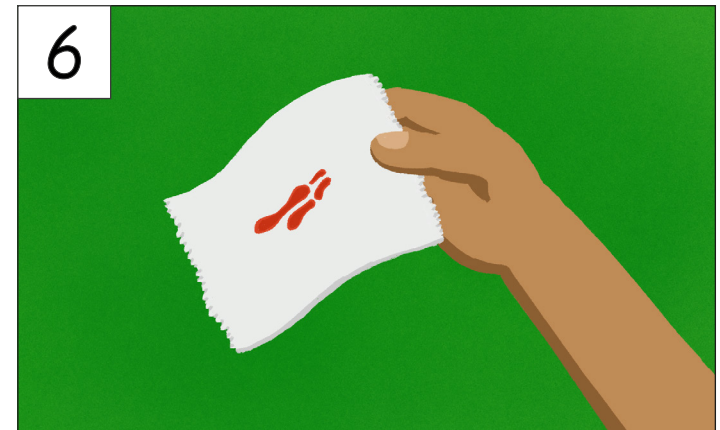
4

If the egg is not fertilized it is discarded, along with the thickened lining of the womb, through the vagina as blood.



5

This is called a period. A period usually lasts between 3-7 days.



6

Early periods may be very light and sometimes brown in colour.