

# Hygiene activity

Label or draw on Figure 1 to show some of the hygiene issues someone going through puberty might experience e.g. greasy hair, spots, smelling differently.

Label or draw on Figure 2 what someone could do to help address these issues e.g. washing hair more often, showering frequently and using deodorant.

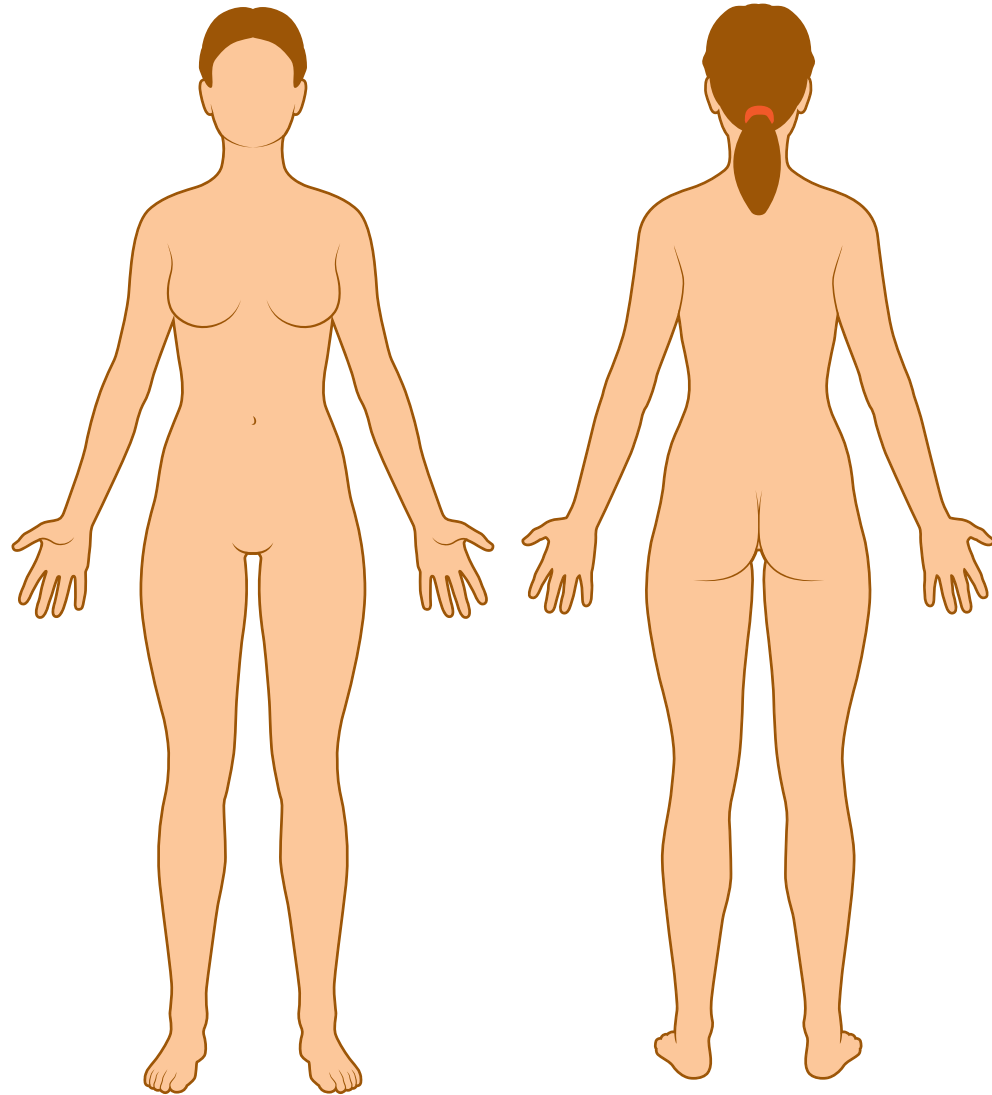


Figure 1

Figure 2

# Hygiene activity

Label or draw on Figure 1 to show some of the hygiene issues someone going through puberty might experience e.g. greasy hair, spots, smelling differently.

Label or draw on Figure 2 what someone could do to help address these issues e.g. washing hair more often, showering frequently and using deodorant.

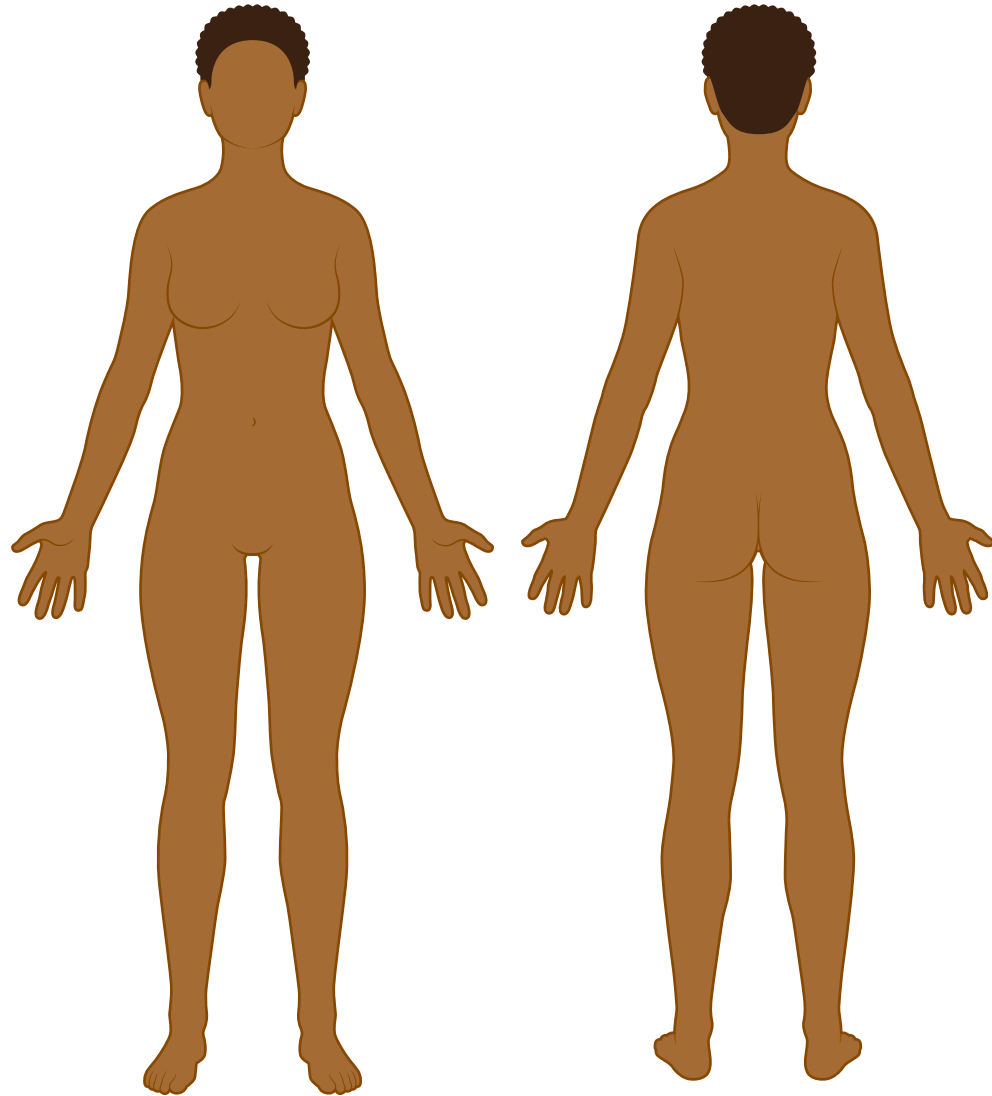


Figure 1

Figure 2