

Date:

Name:

## Body parts quiz - multiple choice

- 1) What are the chemicals in our bodies that drive changes as we grow up called?
  - a) enzymes
  - b) hormones
  - c) proteins
  - d) lipids
  
- 2) Which part of a boy's body becomes bigger during puberty?
  - a) feet
  - b) ears
  - c) penis and testicles
  - d) hands
  
- 3) What is the term for the change from being a child to becoming an adult?
  - a) adolescence
  - b) puberty
  - c) maturity
  - d) growth spurt
  
- 4) During puberty, a boy's voice 'breaks' and becomes deeper because of the growth of what part of the body?
  - a) tongue
  - b) larynx or voice box
  - c) vocal chords
  - d) lungs
  
- 5) What is the name of the external area of a girl's body where most of her organs are hidden?
  - a) uterus
  - b) ovaries
  - c) vulva
  - d) cervix
  
- 6) During puberty, girls start to experience what regular bodily function?
  - a) sweating
  - b) periods
  - c) mood swings
  - d) all of the above
  
- 7) What part of the body carries a man's testicles?
  - a) penis
  - b) scrotum
  - c) larynx
  - d) urethra
  
- 8) What is one physical change that both boys and girls experience during puberty?
  - a) growing taller
  - b) voice deepening
  - c) developing breasts
  - d) starting periods